



From the Fall
www.fromthefall.com

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From the Fall is a hard-working rock band hailing from the Greater Seattle, Washington area. The band brings together four seasoned, experienced musicians with tastes and talents covering the entire spectrum of sound to produce a potent, high-energy musical cocktail.

From the Fall's sound is crunchy, yet organic and soulful; sometimes heavy while always staying accessible. We hope you enjoy our demo and we are always grateful to receive any kind of constructive criticism of our music and recordings.

From the Fall—Demo (2003–5)

1. Strength [6:00]
2. Into the Sky [3:50]
3. Trading Days [5:50]
4. Life Without Chains [5:20]
5. Awakening [4:26]

All songs written, performed, recorded and produced by *From the Fall*.

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Stephen Christiansen—drums
Richard Cook—guitar
O. J. Julian—bass
Shaun Olsen—vocals and guitar

[attach disc here]